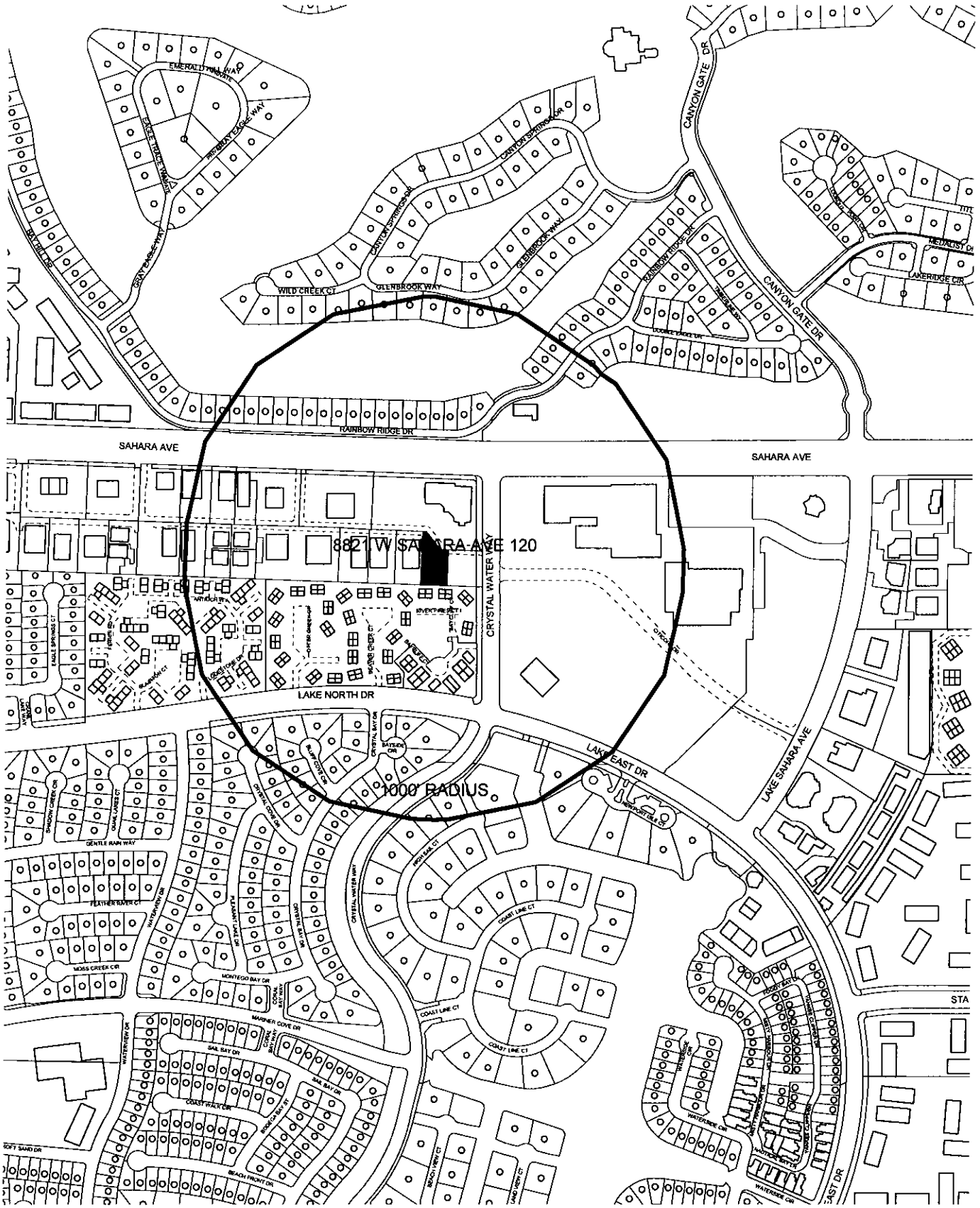MINUTE MASSAGE THERAPY